

Western Sichuan Tours



TREKKING at MT. MINYA KONKA and through the Lhagong Lakes in East-Kham

Duration:	18 Days
PAX:	6-12 People
Date:	27.9. – 14.10.2010
Price:	2150 \$ per person
Highest Pass:	4908m
Contact:	wstourix@gmail.com

This trekking tour is a fantastic adventure through the Eastern Tibetan High Plateau and its bordering high mountain ranges. You will be able to experience the untouched alpine forests and steep glaciers of the west face of the Minya Konka Range (7556m). Highest pass of this tour is the 4908m Rewuqie Pass.

The second part of this tour offers unspoiled highlights of the vast Eastern Tibetan High Plateau: Hidden monasteries, isolated villages, nomadic life, lakes and wetland.



On the first day we drive from Chengdu to Caoke Township (2900m). Here begins our 8-day trekking. Via Tsemet Village and Konka Monastery we approach the awe-inspiring ice walls beneath the majestic peak of Minya Konka. Back to the monastery, our route continues northwards and leads through forests, pasture land and high alpine rock. We follow the range of ice covered mountains on our right hand side for two days before we cross the Rewuqie Pass. From here it is one more day downhill to Kangding.



From Kangding a 2h drive across Zheduo Pass takes us onto the grassland of Lhagong (=Tagong). Here we won't miss a visit of the more than 1000 year old Lhagong Gompa, a Monastery of the Sakya Sect.



On the next day we start our six-day trekking through the rolling hills of Lhagong. This route features another unique landscape with Minya Konka and Mt. Zhara Lhatse in the far distance. Our secluded camp sites will be above the forested valleys which drain this little lake plateau. Highest point is a rocky hill of 4420m. The small monasteries along the route belong all to the Nyima Sect and partly have quite a long history. The hike down from Goeno Gompa (picture left) brings us to Bamei Town and to a hot shower in the evening.

On the way back to Chengdu we will have a one-day stop-over in Danba – the land of watch towers. The extraordinary composition of canyons, steep mountains, rushing streams, dense forests and glaciers are distinctive features of this area, which is bordered by the Tibetan High Plateau to the West and by the Sichuan Basin to the East. Hotel and Hotpot in Chengdu conclude our journey.

